

### CYCLING ALONG LAKE ISEO

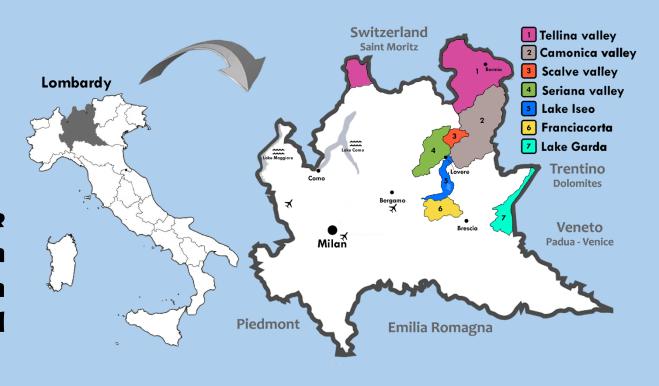
The ancient communication routes of Romans and of the Venice Republic



#### WHAT YOU'LL DISCOVER

In these tours you will discover the LAKE OF ISEO (5) on challenging, medium or easy routes starting from the upper Sebino.

BLUE as the color of its dark waters, which varies in intensity due to the reflection of the mountains that surround it, and its depth.



CHOOSE YOUR ONE-DAY TRIP CYCLING WITH US ALONG THE TWO BANKS AND AMONG SOME OF THE MOST BEAUTIFUL VILLAGES OF ITALY

BERGAMASQUE SHORE - BRESCIAN SHORE - MONTISOLA

#### **TOUR Nº 1**

## SAN FERMO HILL MOUNT COLOMBINA





Starting from Lovere, this route takes us to the most beautiful highlands of the upper Lake Iseo in the area of Bossico where we can admire the Camonica Valley, the Cavallina Valley and the Borlezza Valley. Bossico is wonderful and much more than that! A kind of tourism developed by the locals to protect their traditions and the environment.

The village is rich of paths and mule tracks that are articulated in the numerous hectares of pine forest.

Our route, although challenging for the steep slopes, is unpaved but compact.

The part always descending in the pine forest is a wide path but mostly uneven stones









#### **TECHNICAL FEATURES:**

**Route type: Circular** 

Departure and arrival:

Lovere

Cycling time: 4h30'

Length: 39 km

Altitude: min 279, max 1284

Gradient: 1321 m

Physical difficulty: GOOD

**PREPARATION** 

**Technical difficulty: Medium** 

Degree of difficulty: GOOD

**CAPACITY** 

Pavement: 20% asphalted,

80% unpaved

Recommended seasons: all year round (without snow)

#### **TOUR N° 2**

## MONTISOLA AND THE TWO MOST FASCINATING LAKE SHORES





Come and discover two villages, among the most beautiful in Italy: Lovere and Montisola.

Starting from Lovere you will partially pedal along one of the two most fascinating shores of the lake taking the ferry to Monte Isola, one of the most beautiful villages in



Italy. The largest inhabited lake island in Europe. Once known for the production of nets, and still today for the production of Ligurian Gozzo (a handmade wooden boat) for the taste of its cured meats and sardines in oil. From here we will continue our tour to discover this beautiful island. Would you like to reach its 600 m high peak, which blends mountain and lake? Then we will reach the Sanctuary of the Madonna della Ceriola.

At the end of the bike tour around Monte Isola, we will take the boat again to cycle on the opposite shore and



reach the starting point or your hotel or vacation home.

**PERIOD: all year round** 

PHYSICAL DIFFICULTY: Full day tour. Easy, complete tour excluding the climb to Madonna

della Ceriola. Km 45 in total

Easy/Medium to get to Madonna della Ceriola for the % uphill and downhill. 50 km.

**Ascent/Descent 500m** 

#### TOUR N° 3

### COMPLETE TOUR OF LAKE ISEO

A wealth of treasures







Here it is: the river Oglio enters and flows into Lake

Iseo, whose banks mark the borders of two such different provinces: Bergamo and Brescia that are located in the north of Italy between Lake Como and Lake Garda. At the time of the Republic of Venice an ancient road, named "Valeriana" and still present on the territory, ran across the Brescian part of the lake, going up to the top of the Camonica Valley – UNESCO world Heritage site. We will visit some characteristic villages located along the shores of the lake, one very different from the other. We will stop to take a break, a good coffee or aperitif, if you want. We will discoverer how the art was able to express itself freely, underneath the apparent tranquillity and distance of the dominion of the Republic of Venice. Lovere, cannot be missed, it is among the most beautiful village in Italy.

**PERIOD: all year round** 

TECHNICAL DIFFICULTY: Easy tour without gradient. Km 65 with some small variations for the visit of some attractions you can't miss. MTB and scheduled or requested stops.

#### **TOUR Nº 4**

# FROM MONTISOLA TO FRANCIACORTA



Pick-up at your hotel with bikes on the van, we will park along the bresciana bank and then off to the pier to embark on the ferry to Montisola, one of the most beautiful locations in Italy and the biggest lake inhabited European Island. Here in 2016 famous artist Christo achieved his work Floating Piers whose pictures you will see on display. We will



go on cycling a complete round-trip of the island, through medieval hamlets.

Lunch or coffee break at a beautiful panoramic terrace. We will board the ferry back and ride through vineyard, surrounded by the mountains that protect the area and make it famous for its wines, the green fields and the lines between Lake Iseo and the Sebino peat land.

Taste the worldwide famous Franciacorta bubbly if you wish, and at the end of the tour you will anyway be offered a snack and toast! Return by bike. Very easy and panoramic route, suitable for basic skilled riders who are already used to cycling for a few hours. The whole day is at our disposal, departure in the morning and return in the afternoon. Comfortable clothes, small back-pack, windbreaker water bottle and are recommended



**PERIOD: all year round** 

PHYSICAL DIFFICULTY: Easy and panoramic route, suitable for everyone with a minimum of preparation having to sit in the saddle of the bike for a few hours

## TOUR N° 5 MOUNT CLEMO





Short route with technical and panoramic stretches on Lake Iseo, which develops in the territory of Solto Collina.

Starting from the village of Lovere, one of the most beautiful villages in Italy, you will follow a path alongside the Valle del Freddo, (the reserve extends for about 70 hectares with an altitude from 350 to 750 meters, and contains a microclimatic particular phenomenon that determines the growth of flora typical of high mountains). We will continue cycling on Mount Clemo until we reach a small church that will give us a breathtaking view of Lake Iseo, Montisola and the mountains all around.









#### **TECHNICAL FEATRURES:**

Path type: circular

Place of departure and arrival:

Lovere (bg)

Walking time: 3h

Length: 24 km

Altitude: min 193, max 680

Gradient: 850 m

**Physical Difficulty: MC= Medium** 

Technical difficulty: BC= ONLY FOR SOME TECHNICAL TRACTS

Overall degree of difficulty: BC

**Cycleability: 100%** 

Pavement: 20% asphalt, 57% dirt,

23% single track.

Recommended seasons: all year round in the absence of snow

#### LAKE ISEO TRANSPORT AND BIKE TOUR

#### **CUSTOMIZATION OF ALL OUR TOURS**

MTB certified guides. NCC authorized as Taxi for people and bikes. Bicycle MTB and E-bike.

Mercedes Sprinter minibus authorized for transport up to 8 passengers and bicycles.

Kangoo car authorized with bike shuttle useful to quickly transport up to 6 bicycles and 4 passengers.

Daily sanitization, disinfectant, masks, face shields, temperature measurement.

If required on the minibus, for a smaller number of people up to 5, the safe distancing is also guaranteed.

Tours are also organized for larger groups. Details and costs upon request.

Payment can be made by credit card, bank transfer or cash, regular tax document will follow.

As for the reservation for dinners, lunches, aperitifs or entrance tickets to facilities or events, the reservation will be made by the Tour Operator or Travel Agency or otherwise if not requested, we will stop by deciding according to your needs and your choice and will be paid by you directly.

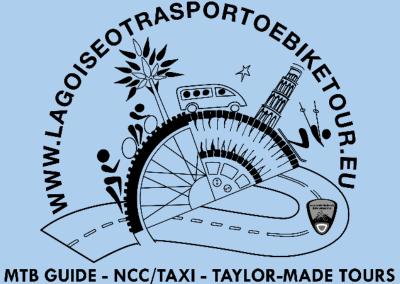




### For info and booking:

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